

TOPIC: ACT AND PROSOCIAL FOR POSITIVE CHANGE

Brief back ground about Sierra Leone

The Republic of Sierra Leone is located in West Africa, bordered by Guinea on the north-west and Liberia by the south-east, and the Atlantic Ocean in the south-west. Sierra Leone has a tropical climate, with a diverse environment ranging from savannah to rainforests. Sierra Leone has a total area of 72,180 km² (27,869 sq mi) and a population of 8,102,294 million (Sierra Leone Population as at 12 April 2021 United Nations data). The Northern Province, Eastern Province, Southern Province, North-Western Province and the Western Area are the divisions of the country with sixteen districts. Freetown is the capital city and Bo the operational area of this proposed project is the second largest city, then, Makeni, Kenema and Koidu cities. English is the official language and krio is widely spoken among the different ethnic groups in Sierra Leone.

Due to factors such as its tropical climate and diverse habitats, **Sierra Leone** is well known as a country rich in wildlife. It is home to four wildlife reserve. Among the many types of animals who live in this African nation include elephants, hippos, lions, chimpanzees, buffaloes, and a wide variety of birds.

About Commit and Act Foundation

Commit and Act Foundation was established in Sierra Leone in 2010 and officially opened in 2013 shortly before the outbreak of the Ebola Viral Disease (EVD), to provide ongoing psychosocial support from local counselors in the area. CAF-SL is the leading organization in Bo district that offers training and development programmes for service providers, including legal and medical practitioners, educators, counselors, law enforcement agents, and community-based counselors. In September 2019 Commit and Act foundation open its second office in Makeni the Northern part of Sierra Leone to provide Support services for women and girls that have experienced Sexual Gender Based Violence and babies born as a result of Sexual Gender Based Violence

Major challenges in the country

- Sexual Gender Based Violence
- Teenage pregnancy
- Increase in girls dropping out from school
- Poverty
- Poor Water and sanitation facilities
- Corruption



- What has been done by Commit and Act Foundation?
- Protection of girls that have been sexually abused
 - Provision of dignity kits to clients while at the shelter
 - Proper documentation of clients
 - Provision of three meals while at the shelter
 - Individual and group counselling session
 - Provision of medical support to clients
 - Legal education and communication
 - ACT and Prosocial training for girls
 - Family tracing and reunification
 - Livelihood and educational support
 - Community sensitization and awareness raising on Sexual gender Based violence



Yoga session with girls



Group counselling session



CAF-SL Girl shelter Bo



ACT Matrix session



Individual counselling session